

CREDIT & QUALIFICATION: NOTTINGHAM ACADEMY



AIM

This is an adventurous course that can be directly linked to awards, accreditations and assessments providing training and evidence where appropriate. This includes BTEC, ASDAN and the John Muir Award.

CLIENT OBJECTIVES

Nottingham Academy chose this course to allow their students studying a Level 3 sports qualification to complete the Outdoor Education unit. They needed to get hands on experience of the benefits of outdoor education and the related health and safety aspects.

They also wanted to gain an understanding of the qualifications required for working in the industry as well as the day to day running and operation of the centre itself.

THE COURSE

The Trust chose highly adventurous activities to push the students out of their comfort zone. The instructors allowed the pupils to take the lead more in activities. This allowed them to develop their leadership skills but to also get a feel of what it is like to be an instructor within outdoor education. They were able to talk to staff within the centre to gain a better understanding of running a course.

OUTCOME

Increased self-confidence and enthusiasm for learning. By pushing the pupils out of their comfort zone, they are able to realise their true potential. Their increase in confidence subsequently increases their enthusiasm for learning in the classroom. As a result, 90% of Nottingham Academy's pupils have achieved the highest possible grade in this unit.

Improved leadership skills. In giving pupils more responsibility and encouraging each of them to act as session leader, they are able to develop their own leadership style and review what they have learnt at the end of the session.

Increased understanding of outdoor education. By introducing them to a wide range of adventurous activities, they were given a good understanding of what could be achieved in outdoor education. Time spent at the centre and with the staff increased their knowledge on what it takes to run a centre.

FIND OUT MORE:

ENQUIRIES@OUTWARDBOUND.ORG.UK

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+ THIS COURSE HAS BEEN LIFE-CHANGING, BOTH FOR THE STUDENTS' ACADEMIC AND PERSONAL DEVELOPMENT. THE IMPACT HAS BEEN PROFOUND. THEY LEARNT MORE ABOUT THEMSELVES AND OTHERS AROUND THEM. IT ALSO ENABLES THEM TO REFLECT AND IDENTIFY AREAS OF STRENGTH AND IMPROVEMENT. THERE IS NO DOUBT THAT WE WILL CONTINUE TO WORK WITH THE TRUST. +
SUZANNE BOINTON, SECOND IN PE, NOTTINGHAM ACADEMY



**THE
OUTWARD
BOUND TRUST**