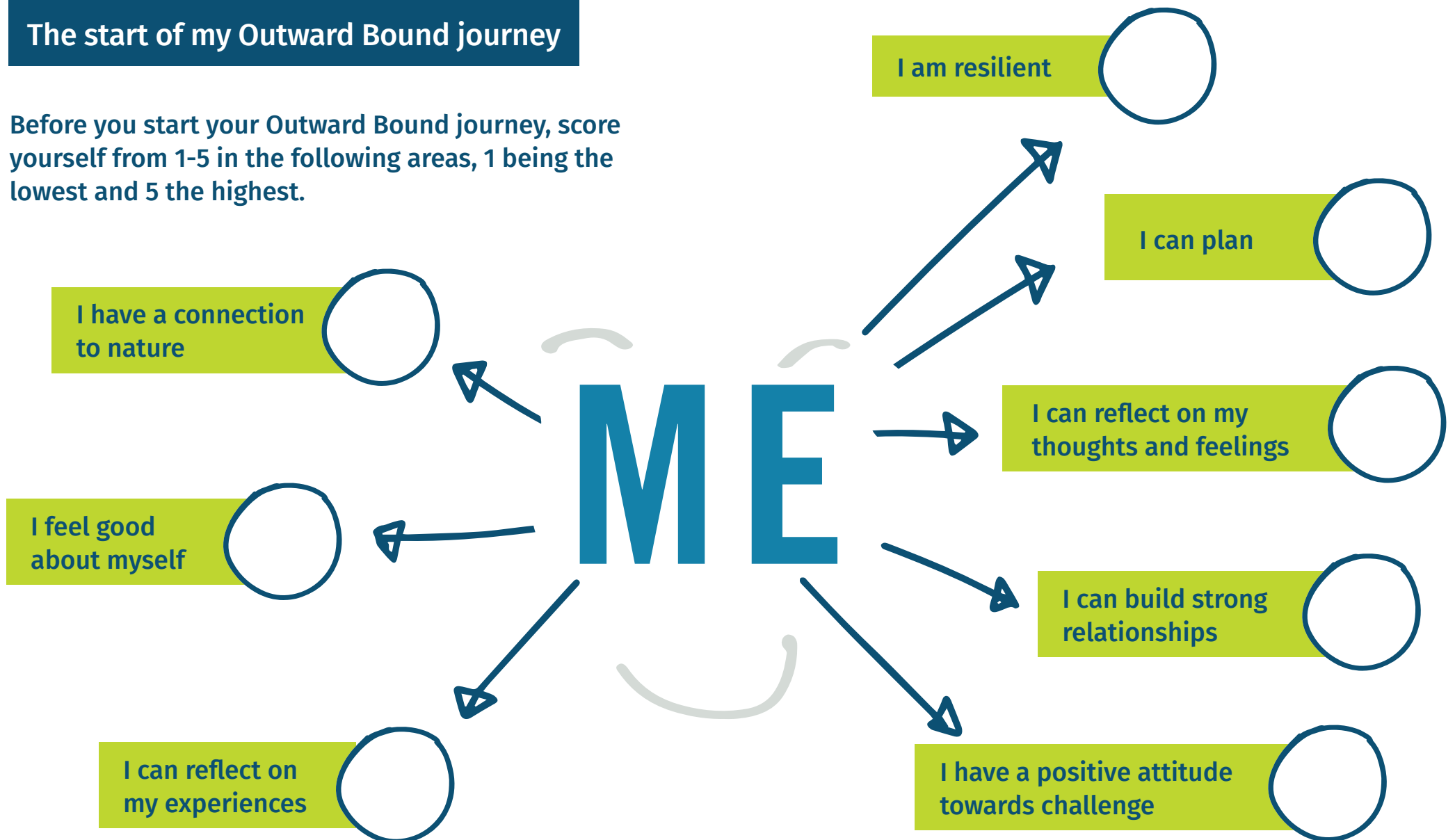


SKILLS AUDIT

The start of my Outward Bound journey

Before you start your Outward Bound journey, score yourself from 1-5 in the following areas, 1 being the lowest and 5 the highest.



SKILLS REVIEW

The end of my Outward Bound journey

Think back over the last week at Outward Bound and score yourself from 1-5 in the following areas, 1 being the lowest and 5 the highest.

